



APPENDIX 1 Community Planning Quarterly Briefing April – June 2013

This is a quarterly briefing designed to give everyone involved in the community planning process across the Caerphilly County Borough, as well as wider audiences, an overview of progress on the Community Strategy. Information has been supplied by each of the co-ordinators leading on different themes of the Community Strategy please get in touch directly with the co-ordinators for further information.

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Caerphilly Delivers the Caerphilly Local Service Board Single Integrated Plan for implementing the Caerphilly borough Community Strategy came into effect from 1st April 2013. The Plan has the following outcomes for delivering the Community Strategy:

- Prosperous Caerphilly
- Safer Caerphilly
- Learning Caerphilly
- Healthier Caerphilly
- Greener Caerphilly.

Under each of these outcomes specific priorities have been set for operationalising the Caerphilly Strategy via a revised delivery structure, which rationalises previous Community Strategy Partnerships and strategic documents.

Caerphilly Delivers was considered and approved by Caerphilly Local Service Board on 17th April 2013 and Caerphilly County Borough Council (full council) on 23rd April 2013.

The document **Caerphilly Delivers** will be launched at the Caerphilly Local Service Board Standing Conference on Friday 5th July at Llancaiach Fawr Manor between 9:30am to 1pm. For further details please contact Alison Palmer on telephone: 01443 864409 or email: alison.palmer@gavowales.org.uk



Please contact the relevant co-ordinator if you require further information on any of the above or Community Planning, Penallta House Tredomen Park, Ystrad Mynach CF82 7PG

Launched *Delivery Together Compact Agreement 2013-2017* – a special event was held on 8th April to launch the revised Compact Agreement for the next four years. The Compact was launched by the Leader of the Council Cllr. Harry Andrews at a well attended event in the Council Chamber with over 80 people attending from across the Compact Partner organisations. Speeches were given on: **History of the Compact and achievements of Compact Partnership Working** by Mike Bridgman, Assistant Director, Gwent Association of Voluntary Organisations; **Valuing the Compact and Welcoming New Members on Board** By Cllr. Carter, Vice Chair of the Voluntary Sector Liaison Committee, and with **Contributions from the New Compact Partners:**
Caerphilly Business Forum -Tony Sheehan
Caerphilly borough Community & Town Councils - Cllr. Howard Llewellyn

First established in 1999, this Compact is an agreement between organisations and the voluntary and community sector in the Caerphilly county borough. This is the fifth compact agreement for the Caerphilly county borough and provides an effective framework for working together in providing quality services to local people and communities. The Compact Partners are – Gwent Association of Voluntary Organisations, Caerphilly County Borough Council, Aneurin Bevan Health Board, Gwent Police, South Wales Fire and Rescue Service, with the Police and Crime Commissioner Office (replacing the former Gwent Police Authority on the Compact) and the following two organisations joining for the first time – Caerphilly county borough Community and Town Councils and Caerphilly Business Forum.



Compact agreement
2013.pdf

Prosperous Caerphilly (Antony Bolter)

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BUSINESS ENTERPRISE SUPPORT

A Celebration of Business Success

Since January 2009, businesses in the borough have had access to over £2 million from the Local Investment Fund. This additional investment has created 300 jobs and allowed 26 new businesses to set up. Local businesses that received financial assistance from the fund recently showcased their success at a special Business Enterprise Support event to Cllr Harry Andrews, Leader of Council, and Cabinet members. At the event the businesses were presented with European Funding Plaques.

Cllr Ken James, Cabinet Member for Regeneration, Planning & Sustainable Development said -

The benefits of this European Funding has been huge for our businesses. Not only has it helped to create jobs in the county borough, but it has also safeguarded over 3,000 jobs....It never ceases to amaze me, the rich variety of businesses ranging from home grown companies that have had their roots in the coal and steel industry and are now manufacturing components for industrial scanners through to cutting edge R & D businesses that have started up in the county borough.

Representing business leaders in the county borough, Tony Sheehan, Chair of Caerphilly Business Forum and Managing Director of the Joyner Group said –

All of the businesses here today have not only benefitted from this European Funding, but have also received ongoing support from the Business Enterprise Support Team. I would urge local businesses to get in touch and find out how the Team at Tredomen can help their business to become a success story.

For more information contact the Business Enterprise Support Team 01443 866222 or email business@caerphilly.gov.uk

South East Wales Community Economic Development (SEWCED) Fund

Since the start of the SEWCED Programme, support has been provided for 14 new and established social enterprises, with funding awarded of £249,268 capital and £729,860 revenue. The first grant panel of 2013 was held on 8th May when 6 organisations were considered for capital and a small amount of revenue funding. The revenue funding is almost fully allocated, but significant funding remains to support capital projects over the next two years.

The SEWCED team have worked hard to develop partnerships with Wales Co-op, Caerphilly Business Forum, Communities 2.0, Business Wales and other Business support services for the Social Enterprises (SEs). These are all now actively involved in supporting SE's. A working group has been developed with the Wales Co-op and GAVO in order to share and provide the best service to business clients.

The Voluntary Sector Community Economic Development Officer has been reappointed to continue to support groups to become sustainable social enterprises.

Greencap – Social Firm in Caerphilly receives accolade!

On 5th June the Wales Council for Voluntary Action (WCVA) hosted a reception on social investment in Wales, and providing a template for the future financing and sustainability of Welsh third sector organisations. The reception was hosted by the Chair of WCVA, Elizabeth Haywood. It included a film about Greencap - a successful not-for-profit upholstery enterprise born out of the demise of Remploy,

that social investment from WCVA has helped establish, and funding through South East Wales Social Economy Development programme. Green cap is now employing former Remploy workers from its base in Caerphilly, and trading successfully with contracts secured from major companies including Stagecoach.

The event also charted the journey of Wales' first social investment fund – WCVA's Communities Investment Fund, which has invested £4m since its inception in 2006 from which £1.6m has already been repaid and recycled into new investments. The event also included information on the new micro-business loan fund through Finance Wales, and Unity Trust Bank.

Town Centre Management

Caerphilly County Borough Council's model of Town Centre Management - *Unique Places* - has been recognised as an example of best practice and successfully implemented in Bargoed, Blackwood, Caerphilly and Risca. The model is now due to roll out to Ystrad Mynach, with the initiative being launched this summer. This will benefit Ystrad Mynach by addressing the strategic and operational needs of the town centre, while also aiming to enhance and maintain it, making it one of the key shop windows of the borough.

COMMUNITIES FIRST

The new phase of Communities First started on 1st April 2013. There are 4 Communities First clusters in Caerphilly: Upper Rhymney Valley, Mid Valleys East, Mid Valleys West and Caerphilly Basin. Each cluster has a team of Communities First officers to support healthier communities, more prosperous communities and improve learning in communities.

Work Clubs - there are 13 Communities First work clubs across the borough to help and support people who are unemployed to secure employment. This includes help to get online, complete job applications and get information about further support and training.

Community Health Champions - Communities First are working with Health Challenge Caerphilly to foster a network of Health Champions across Gwent. Champions are local people who have an interest in improving health and sharing information with friends, family and neighbours. By joining the network, residents can learn more about health issues and local support services, meet new people and have the right information to help themselves and others take steps to lead healthier lives.

Healthy Hearts Training - the Communities First Health and Wellbeing Officers have been attending a training course on Healthy Hearts. Completion of this course, together with an additional course provided by the British Heart Foundation (BHF) will allow the delivery of BHF's Healthy Hearts, Chest Pain and Workplace Toolkits throughout the Mid Valleys East Cluster.

Additionally, the Officers will be attending *Screening for Life* training at the end of May. Screening for Life is a brand new health campaign run by the Screening Division of Public Health Wales. The campaign will run during the month of July, with the aim of raising awareness of the national screening programmes in Wales. The purpose of the training is to deliver information on the breast, cervical, bowel and abdominal aortic aneurysm screening programmes, so that key screening awareness messages can be passed onto members of the public in a local community setting.

StreetGames - aims to provide opportunities for young people living in disadvantaged communities to access a variety of sports and volunteering opportunities. This is delivered through the provision of doorstep sport whereby sport is brought close to the home in disadvantaged communities at the right time, right price, right place and in the right style.

There are currently two Streetgames sites running in the Mid Valleys East Cluster. These are situated in Markham on a Monday evening and Ty Sign on a Friday evening. Both are well attended with approximately 25 Young People accessing the Markham sessions on a regular basis and around 65 Young People attending the launch session in Ty Sign.

No Smoking Day - partners agencies delivered a local campaign to raise awareness of the harms of smoking and support residents to quit. Save a Packet 2013 branding was developed and a social media marketing campaign delivered across the borough. The focus, supporting the national campaign, was how much money an individual could save by quitting. Activities included community support and advice events at Asda Caerphilly, Blackwood and Merthyr, graffiti art projects including 'What's in a Cigarette' experiment at Plasyfelin Primary, Tiryberth Primary and Rhymney Comprehensive and smokebugs puppeteer workshop at 25 primary schools.

Caerphilly Passport Programme – the Programme was launched in April. The aim of the programme is to provide young people aged 16-24 with work experience and training to prepare them for sustainable employment. To date, 188 young people have been referred and 52 are on an unpaid or Jobs Growth Wales paid placement. All young people referred are supported through an employability menu to provide essential skills to gain employment. 9 young people are attending additional support to improve their basic skills in partnership with the Basic Skills Unit.

The Get Caerphilly Online project - celebrated its 2,500th beneficiary during April. The majority of beneficiaries have been those who are economically inactive, but attention is now focussing on helping people who are 50+ and people with disabilities. The project is working with Supporting People to help their clients to get online and benefit from new technology.

Digital Fridays continues to be a huge success, with 257 people supported at the free IT drop in sessions across the borough. Thanks to an increasing number of volunteers the project has opened up at Rhymney library, and with the help of Welsh Baccalaureate students from Ystrad Mynach College, the project has opened up at Ystrad Mynach Library. Partners in Charter Housing also run a Digital Fridays session on their Plas Hyfryd estate.

This year's Adult Learners Week was a busy time for Get Caerphilly Online. A wii Wednesday session was held with 50+ groups across the borough on Get Active. The sessions involved the groups competing with each other on a Nintendo wii. For Digital Day, 24th May, Get Caerphilly Online in conjunction with Community Education, Communities First, Bridges into work and Genesis, a Digital Fridays session was run in all libraries across the borough.

Get Caerphilly Online received a "highly commended" prize at this year's *Inspire! Adult Learners Awards* in recognition for the work the project team are doing to help people enrich their lives by getting online. Get Caerphilly Online was also invited to London on 21st May to make a presentation at Inside Government's Digital Inclusion Conference. This is great recognition for the project and proof that the work being carried out in the Caerphilly borough is of national interest. The conference was well attended by local authorities, housing associations and the voluntary sector from across the country.

Skills & Employment Support - the Council has commissioned Professor Dave Adamson (Centre for Regeneration Excellence Wales) to carry out research on potential areas of economic growth, future vacancies in the labour market, skills required, and skills gaps in the Caerphilly borough. The findings from this Skills and Labour Force Audit, which was funded by Welsh Government, will be the subject of a workshop to be held in the Council Chamber, Penallta House, on Monday 8th July 2013, starting at 10am. Please email Antony Bolter if you would like to attend – boltea@caerphilly.gov.uk

EUROPEAN FUNDING

Following the EU Funding 2014-20 Consultation Event in Penallta House on 15 March, the Council submitted a response to Welsh Government. A similar exercise has also been carried out for the Rural Development Programme and again the Council has responded on behalf of the RDP Partnership.

Local Authorities in the region are collaborating to develop new proposals for EU Funding from 2014, with ten task and finish groups established and reporting to the South East Wales Directors of Environment and Regeneration Board. The ten groups focus on the following subject areas:

- Transport Infrastructure / Public Transport Development
- Town Centre / Urban Regeneration
- Skills Development / Worklessness
- Business Development & Support / Development of Sites & Premises

- Social Enterprise Development
- Green Economy / Energy Efficiency
- ICT Development
- Tourism
- Rural Development Plan
- Delivery Models.

Rural Development Plan - the Caerffili Cwm a Mynydd Partnership has secured extensions and funding for projects to continue work for a further year taking projects into 2014. This will lead to over £0.5 million worth of additional work on projects in rural areas.

A fund has been launched to provide small grants for training. The purpose of the Training Support Fund is to provide grant support for local business, organisations and individuals based in the eligible rural wards in Caerphilly. It will support the following types of training: general life skills; generic business skills; skills required to undertake farm diversification; skills to support the development of the other Caerffili Cwm a Mynydd Projects, and common staff development needs of other RDP funded projects

The Fund is being administered on behalf of the Caerphilly Partnership by the Coalfield Regeneration Trust, contact the Trust on wales@coalfields-regen.org.uk or phone 01443 40 4455.

Learning Caerphilly (Lynne Bosanko Williams)

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CHILDREN AND YOUNG PEOPLE'S PARTNERSHIP

The Children and Young People's Partnership end of year summary following monitoring processes was presented to the Partnership's Board prior to being submitted to the Welsh Government. It was agreed that good progress regarding outcomes for families was being made.

A brief summary of each project includes:

Team around the Family (TAF) and Parenting Co-ordination:

- 234 families have been referred to TAF, with 104 of those families being allocated a Lead Professional.
- 342 parenting referrals were allocated to support across Families First and Flying Start.
- 2 Parent PlaNet events were held with around 70 attending representing all Families First projects.

Parenting Programmes and Individual Family Support:

- 1003 individual support sessions have been delivered to 114 families combined.
- 12 parenting programmes have been delivered reaching 127 parents.

Family Engagement Project:

- 1541 outreach sessions and 1282 home visits, 566 families were contacted and 286 of those engaged.

Inclusion and Support Project:

- 328 individual families were supported.
- 1159 individual support sessions, 1086 mediation sessions and 236 group sessions.

Integrated Family Learning:

- 63 parents being supported through their child's key educational transition stages, and 148 innovative learning sessions such as outdoor pursuits have taken place.
- 376 Language and Play sessions have been delivered in the home to 149 families.

Family Play:

- 16 families are engaged, provided with a total of 44 engagement sessions, and a further 44 home visits.
- 278 *Pop in and Play* sessions were delivered.

Health Inclusion Project (HIP):

- 1060 drop in sessions were provided with 10754 individual contacts.
- 563 individual support sessions were provided, and 31 training sessions were delivered to 272 professionals.
- 32 families now live in smoke free homes.
- 34 individuals report smoking cessation 3 months after intervention.

Advocacy:

- 134 children and young people received a service.
- 54 meetings with the child or young person were attended in an advisory role.

Day After Project – Crime Reduction Initiative:

- 16 families are engaged, provided with a total of 44 engagement sessions, and a further 44 home visits.

Families First Programme

In March 2013, an independent evaluation of the Families First programme was commissioned, and undertaken to identify good practice, the differences made for families and value for money across 8 of the 10 projects. Over 200 children, young people, parents and professionals participated, and the information

gathered will be used to inform future action plans and commissioning requirements.

Key findings highlighted that the programme was surpassing quality outcome targets, often by substantial amounts, and addresses successes in areas of learning, health, family support, Team Around the Family, as well as children with disabilities. The programme was found to be inclusive, and through skilled practitioners, many disabled children are now accessing leisure, youth clubs and play with no support.

A *whole family* focus in service delivery was found to be embedded within the enhanced partnership working, by which the programme is reaching large numbers of families.

An outline of all projects can be found at the CYPP Families First website:

<http://www.caerphilly.gov.uk/familiesfirst/>

Families First leaflets have been finalised. There are two versions; one of which is aimed specifically at parents and one for professionals. Copies of the leaflets are available on request.



Interact –the re-launch of Interact was held on 22nd March and was well attended by over 70 attendees from various partners and projects. Good feedback was received from the event, including positive comments regarding the opportunities to network with the diverse range of practitioners and agencies from different sectors.

The next Interact event is scheduled for 28th June 2013. This event will launch the Common Referral Form and update on the Self Evaluation and Recognition Award form (SERA). Topical presentations will be given to help wider organisations understand how they contribute to the Families First Programme and central planning. The content of the next event will be based on a Learning Set approach, which is a key component of the Families First Action Plan.

Interact is the regular CYPP engagement and participation event aimed at all organisations who work with children, young people and families (0 –25 years). Further details can be obtained from the Central Support Team email: cypp@caerphilly.gov.uk.

Self Evaluation and Recognition Award (SERA) - with consideration of the consultation feedback, the revised SERA was issued for piloting in May, with the aim of rolling it out across the borough in September 2013. Partners taking part of the pilot are: Parent Network, Gwent Association of Voluntary Organisations (GAVO), Barnardos, Groundwork, 'The Zone' (Oakfield), Lilac Ridge Farm and Senghenydd Youth Drop in Centre (SYDIC).

The SERA gives the opportunity for partners to evaluate and reflect on their setting and delivery, as well as providing a platform for them to be recognised and celebrated for their achievements. All organisations that work with children, young people and families (0-25) will get the opportunity to be recognised for the work they do, and show how they are contributing to the principles of the Families First Programme.

Healthier Caerphilly (Lianne Dallimore)

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RHYMNEY INTEGRATED HEALTH AND SOCIAL CARE

Work continues on the construction of the Health & Social Care Centre at the Lawns Industrial Estate, Rhymney, with the handover of the building anticipated for September 2013. At the same time as major construction tasks are being carried out, work is being done on the interior fixtures and fittings of the building. This ranges from choosing door furniture, wall and floor colour and coverings to making sure the provision of IT services will meet the needs of staff. Way finding and signage will be particularly important as the Centre will host many organisations providing different services. A small task & finish group has been established to look at how patients and the public will use the Centre and to make sure it is accessible and easy to move around in.

The first issue of the Centre's Newsletter has been distributed in Rhymney and the wider area. It brought people up to date with the construction and looked back at the tremendous public involvement that has helped shape so many aspects about the Centre. Future issues will start to introduce the staff and organisations that will be working in the Centre and the services that they will offer.

Abertwyswg Primary School and Rhymney Senior Comprehensive School have both agreed to participate in developing the contents of a Time Capsule that will be located at the Centre. The capsule will be opened after 40 years, and many of

the children will hopefully be present to see their thoughts and memories see the light of day again.

After the handover of keys in September, it is hoped that a number of days will be available for public visits before the Centre is deep cleaned and opened for patients. This is always a difficult provision to arrange, but would allow for an extensive preview for the Centre's patients and users.

HEALTHY INITIATIVES FOCUS

Nutrition Education Sessions (Eatwell plate, Portion sizes) - a number of health and wellbeing sessions have been held with families attending the Family Transition Project in Ty Sign. These sessions have varied in content but have covered topics such as the Eatwell Plate, 'Me-Sized Portions' and Relaxation.

Regularly attendees have found the sessions informative. In particular they felt that they learnt a lot from the Eatwell Plate/ 'Me- Sized Portions' session, reporting that they now better understand what constitutes an appropriate portion size, and as a result will find it easier to provide appropriate portion sizes. Additionally, the families were highly satisfied by the resources that were provided to help enable them to provide a diet more in line with the Eatwell Plate such as: adult and child sized portion plates, magnetic shopping lists and shopping bags.

Foodwise - is an eight-week structured programme to help people lose weight and live a healthier lifestyle. This programme is delivered in community settings by trained health workers and covers topics such as adapting eating habits, food labelling, increasing physical activity and basic behaviour changes that can help with weight loss. Each session will consist of structured discussions, hands on learning, group work and activities where participants can learn more about portions sizes, recipe swaps, daily exercise and longer term plans for weight management. The first cycle of this programme will start in Trinant Community Centre on 13th June.

Relax Kids - is a unique method of introducing children to relaxation, which helps support the participants to improve their wellbeing and become more positive, happy, productive and focussed. Regular practice can improve emotional literacy, concentration, self-esteem and social interaction. It is delivered through dance and movement, games, stretching and breathing exercises, peer massage and visualisation. It is envisaged that a cycle of this programme will be delivered throughout June in conjunction with a local Primary School.

Cancer Awareness - a Bowel Screening awareness-raising event was held in Asda Blackwood on 22nd May 2013. The event consisted of an information stall and an interactive quiz, which on completion allowed the participant entry into a prize draw to win a healthy hamper worth £40.

Dignity, Respect and Age Equality (DRAE)

The last few months have seen key developments in the work of the 50+ Positive Action Partnership in moving the *Dignity* agenda forward and, providing information about services and support to the heart of the community.

- **Dignity In Care smarter working workshop:** was a resounding success with those attending recommending 5 priority work streams. These have been endorsed by the DRAE group who are now developing an action plan to move this work forward. Anyone wanting a copy of the report from the event should contact Mandy Sprague.
- **Dignity in Care public meeting:** The Caerphilly county borough 50+ forum held a public meeting on the 6th June to discuss how local residents can bridge the gap between communities and local residential homes.
- Constructive and positive feedback has been received on the proposed **50+ Charter mark scheme**. A meeting will take place with the National Senedd for Older People to seek their support, and with partners organisations to discuss how such a scheme would need to operate for them to sign up.

Information and Empowerment

- The **Informal Town criers network** is going from strength to strength. The network's simple, short, monthly emails providing information about two services are now reaching over 18,000 people every month. Anyone that would like to join this new network please contact Hayley Smith on 01443 864604 or email her on smithh@caerphilly.gov.uk
- Work on trying to provide more "joined up" online information has led onto an initiative with partners from across the authority and with Caerphilly Local Service Board partners, encompassing the needs of all residents, not just the 50+ , and is known as *the Empowering Communities* group. This is made up of over 20 interested parties, working together to be more effective in sharing and providing information to local people and partner organisations.

Finally after all the consultation you can see how your views have been reflected in ***The Strategy for Older People in Wales 2013-2023*** [Living Longer , ageing well](#) This is **phase 3 of the strategy** which was originally launched in 2003. Speaking at the Welsh Government launch of this next phase the Commissioner for Older People commented how well she thought this document reflected what she was hearing directly from older people across Wales. The strategy identifies the following three main priority areas for action:

- Social resources
- Environmental resources
- Financial resources

The strategy recognises under these priority areas good physical and mental health contributes greatly to overall well-being.

As you can see the national strategy highlights the cross cutting nature of the 50+ agenda in the Caerphilly borough, and how we all can contribute to the implementation of *Living longer, Ageing well*.

For further information please contact Mandy Sprague on 01443 864277 or email spragm@caerphilly.gov.uk